



Jesus-centred, *Spirit-led*  
hope revealed



# Family Mealtime Conversation Cards

These cards have been designed for use around the dinner table.

They are especially suitable for families with primary school-aged children.

Each night, choose one card and place it in the centre of the dining table. Then, as a family, follow the prompts on the card.

We pray that you enjoy connecting as a family and exploring what The Way | Jesus-centred, Spirit-led, hope revealed looks like.

*Follow my example as I follow the example  
of Christ. – 1 Corinthians 11:1 (NIV)*

**Who is someone you know who  
shows you what Jesus is like?**

**What is it about them that  
reminds you of Jesus?**

**DISCIPLESHIP**

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How do you think we can follow  
Jesus if we can't see him?

DISCIPLESHIP

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Share about a time when someone  
helped you become more like  
Jesus or understand him better.

What was that like for you?

DISCIPLESHIP

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*But the Holy Spirit produces this kind of fruit in our lives:  
love, joy, peace, patience, kindness, goodness, faithfulness,  
gentleness, and self-control. – Galatians 5:22-23a (NLT)*

**How do you think the Holy Spirit  
produces this fruit in us?**

**What is one fruit you'd like to see more of in your life?**

**DISCIPLESHIP**

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**How do you feel when someone  
takes the time to help you  
grow closer to Jesus?**

**DISCIPLESHIP**

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**As we grow, we learn more about  
God. How has your understanding of  
God changed or grown over time?**

**DISCIPLESHIP**

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What are some things that help you grow more like Jesus? (e.g. Chatting with someone, listening to music, reading, praying alone or with others.)

Do you notice any similarities or differences between your family's answers?

DISCIPLESHIP

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*“Jesus called out to them, ‘Come, follow me, and I will show you how to fish for people!’” – Matthew 4:19 (NLT)*

**Jesus wants us to “fish for people”.**

**What do you think this means?**

**Share about a time when you told someone about Jesus. How did it go?**

**EVANGELISM**

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What might help someone to know  
Jesus? What might get in the way?

What things can we, as a family, say and  
do to help others get to know Jesus?

EVANGELISM

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[All play]

**Do you think God can use kids  
to tell others about Jesus?**

**Yes? Hands on hips. No? Hands on heads.**

What things can kids say and do to help  
others get to know Jesus?

**EVANGELISM**

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**Sit in a circle and whisper a  
message around the family.**

Was the message clear at the end? Why or why not?

How would you sum up the message of Jesus in one sentence?

How can we make this message clear to people?

**EVANGELISM**

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**Who are some people your family could show Jesus' love to? Take turns and go around the circle, each saying a different name, until you can't think of anyone else.**

How could you show God's love to the people you have named?

**EVANGELISM**

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## **Share a time when you weren't sure what to say to someone.**

Have you ever felt like the Holy Spirit was helping  
you to find the right words to say?

**EVANGELISM**

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**Play 'Charades'. Take turns acting out something that you hope for (e.g. a toy, a game or a special outing).**

What do you think God hopes for, for every person in the world?

What could we say to people to share God's hope with them?

**EVANGELISM**

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**Play ‘Around the World’ – Stand in a circle and pass a ball or toy around as fast as you can, without dropping it.**

What are some things God wants us to ‘pass along’ to others?

**MISSION**

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What would it be like if every Christian shared  
Jesus' love with the people around them?

What can our family do to show the love  
of Jesus to the people in our lives?

MISSION

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*Proverbs 31:8 says, “Speak up for people who cannot speak for themselves. Help people who are in trouble.”*

**Can you think of people in our world who are in trouble or whose voices might not be listened to?**

**What can we do to help them?**

**MISSION**

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God made this world, and it all belongs to him.  
What does it look like to live like that is true?

In your home, school, workplace, or  
community – how can your words, choices,  
and actions show that God is the boss?

MISSION

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*“We want the day when you rule everyone to come soon.  
We want everyone to obey you on earth, like everyone  
in heaven obeys you.” – Matthew 6:10 (EASY)*

**Can you think of some examples in our world where  
people don't obey God or live the way he wants us to live?**

**What do you think the world would be like  
if everyone lived how God wanted?**

**MISSION**

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**Jesus calls us to tell people about his  
love and invite them to follow him.**

**What could we do this week to  
join in on in this mission?**

**MISSION**

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God is big and strong.  
Why do you think he wants us  
to be part of his mission?

MISSION

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What is one question that you  
would like God to answer?

PRAYER

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The Bible says that Jesus would go to a place on his own to pray (Luke 5:16).

**Why do you think it is helpful to pray on our own sometimes? Is there a place you like to go to pray?**

PRAYER

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God can speak to us and guide us in different ways. What is one way God has spoken to you or helped you with a decision?

PRAYER

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*Matthew 7:7 says, 'Ask, and you will receive. Search, and you will find. Knock, and the door will be opened for you.'*

**When you or other people need help, do you usually ask God? Why/why not?**

Share about a time when God answered a prayer you prayed.

**PRAYER**

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**Finish this sentence:**

*“I would probably pray more often if...”*

Discuss what you have shared.

**PRAYER**

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How would you describe  
prayer to someone who has  
never heard of it before?

If someone has never  
prayed before, how could  
you help them to start?

PRAYER

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Can anyone share about a time  
when you spent time with God,  
and it helped you feel better or  
understand things differently?

Why do you think spending  
time with God helps?

PRAYER

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**Go around the family and take turns  
naming a food that helps to make us strong.  
Anyone who pauses too long is out.**

What things make us spiritually strong – that is,  
strong in loving God and following him?

**SPIRITUAL WARFARE**

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What helps you when you  
feel bad, sad or mad?

How do you think God can help  
us when we have these feelings?

SPIRITUAL WARFARE

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Do you think fighting  
is always bad?

What things do you think  
are good to fight against?

SPIRITUAL WARFARE

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**Put a blindfold on someone and ask  
them what they can see.**

We can't always see what is happening in the spiritual world.  
What things do you think happen in a spiritual battle?

**SPIRITUAL WARFARE**

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What would you tell someone who  
was going through a difficult time,  
and they didn't know what to do?

SPIRITUAL WARFARE

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In Ephesians Chapter 6 we read that the Bible is called the “Sword of the Spirit”.

**How do you think we can use  
the Bible to fight against the evil  
and darkness in our world?**

**SPIRITUAL WARFARE**

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## **Play a few games of Rock, Paper, Scissors!**

Whoever wins each round says something from the Bible that can help them stay strong, e.g. “God promises peace!” “Jesus gives us life!” “The Holy Spirit helps me!”

**SPIRITUAL WARFARE**

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